

ANGER MANAGEMENT PROTOCOL

Client's name _____ Email _____

Phone # _____

_____ Client to fill out demographics and consent to participate

_____ Client to complete Anger Management Inventory

_____ Client to pay in advance of scheduling \$1,080

_____ Client to schedule 1 initial interview appointment
8 anger management sessions

_____ Provide client with anger management workbook

Total payment _____ Cash _____ Check _____ Credit Card _____

Client Responsibility:

- **Before attending the initial interview, complete the Anger History Inventory and bring with you.**
- **Before attending your first individual session, read Chapter 1 of your workbook and complete the assignments in the chapter.**